

NRG calendar at Parliament 2006

MON	TUES	WED	THUR	FRI	SAT	SUN
24 First day of NORTH HARRIS TRUST SERVICE PROJECT.	25 NHT SERVICE PROJECT.	26 NHT SERVICE PROJECT. Evening Clan Dinner in Stornoway.	27 Short Workshop on Dunvegan Parliament support. Serve tea to Lewis and Harris Parliament. NHT SERVICE PROJECT.	28 NHT SERVICE PROJECT.	29 Leave Scaladale and travel to Dunvegan. Evening wine and cheese reception. Start of DUNVEGAN PARLIAMENT SUPPORT.	30 Clan Lunch, opening of Parliament. Evening social hour. DUNVEGAN SUPPORT.
31 Tour of Waterish. Barbeque and fireworks at Castle. NRG reception at Laundry Cottage. DUNVEGAN SUPPORT.	AUGUST 01 Piping at Borraig. Games Night. DUNVEGAN SUPPORT.	02 Raasay Day. Clan Ceilidh. DUNVEGAN SUPPORT.	03 Dunvegan Day at Village Hall ("open ACMS day"). Village Ceilidh. DUNVEGAN SUPPORT.	04 Climb MacLeod Tables. Clan Ball. DUNVEGAN SUPPORT.	05 Pack up, clean up, leave Dunvegan. DUNVEGAN SUPPORT (if possible).	23 "Getting to know you" day
					JULY 22 Arrive at Scaladale Centre on Harris	

Notes about Supporting Parliament in Dunvegan

While we are in Dunvegan, NRG will be divided into three teams, each of which will be "on call" at a different time each day: 8.00 to 13.00, 13.00 – 18.00, 18.00-23.00. When we are "on call" we will be asked to help with venue set up, information dispersal, and errands. The "on call" times will rotate each day, so no one team will be tied up at the same time every day.

When we are not "on call", we are free to participate in other scheduled Parliament activities in Dunvegan (some of which are listed in the schedule above), including events for younger MacLeods such as pony trekking, mini highland games, and art projects.

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The 15th Clan MacLeod
Jubilee Parliament

Lewis 🐉 Harris 🐉 Skye 🐉 Raasay
 26 July ~ 5 August 2006

North Room Group 2006

Once again, MacLeods are called to the Parliament World Gathering. And once again there will be a North Room Group!

At the fourth Clan MacLeod Parliament in 1965, eighteen young MacLeods representing six countries met in the North Room of the Castle. The group became called the North Room Group or "NRG", and now sometimes "Energy". Beginning in the 1990s, NRG has taken on service projects for the Castle estate and for Parliament itself.

NRG has an ambitious agenda for 2006. For the first time, we will be taking on a service project on the Isle of Harris. Under the supervision of the North Harris Trust, we will be performing significant improvement work on the 3,000 meter Millennium Forest trail that passes next to Scaladale. There is additional information about this project as well as the history of NRG on the ACMS website at <http://www.clanmacleod.org>, under the Youth Section.

The Clan MacLeod Societies have a keen interest in bringing younger MacLeods into the operation and growth of the organisation. The ACMS Development Plan 2007-2009 specifically calls for efforts to enlist and maintain the interest of young clansfolk in Clan matters. There is a medium term plan in place to collect information from the youth membership and determine the actions that will be implemented under the leadership of the Youth Membership Coordinator. We can take the opportunity at Parliament to contribute to this and other discussions of the Clan, and make suggestions for our programme, as well as other Clan business.

Overall, it is important that these actions are not token but truly meaningful to the next generation of MacLeods. Parliament is an opportunity to establish the friendships and experiences that will help support the fellowship and future of the Clan MacLeod. NRG is not just welcomed – it is essential.

If you have any further questions about the North Room Group, please contact Kirsteen MacLeod, Youth Membership Coordinator, at neetski_macleod@hotmail.com.

Working week: Saturday 22 July to Saturday 29 July

During the working week, the NRG will stay on the Isle of Harris in the Outer Hebrides. Accommodation will be hostel-style at the Scaladale Outdoor Centre near Ardvourlie, Harris. This is a purpose-built facility in a fantastic location with new appliances and furnishings. Young MacLeods should plan to arrive on Harris on Saturday 22 July.

Parliament week: Saturday 29 July to Saturday 5 August

At the end of the service project on Harris, the NRG will be transported to Dunvegan on Skye. During Parliament week in Dunvegan, the NRG will take part in Clan activities and assist with running Parliament. Accommodation will be at the hostel/bunk rooms at the Dunvegan Hotel, with additional housing available in the Dunvegan area if required. Kitchen facilities will be available at the Village Hall for evening meals. The NRG is responsible for preparation and cleanup of its own meals.

What to do if you want to come to NRG

In order to participate in the North Room Group, there are several things you must do:

- You must be a member of one of the national Clan MacLeod Societies. Please refer to the ACMS website “Links” page for further information.
- You must then register for the North Room Group at Parliament. Registration instructions are also on the Parliament “Registration” page of the ACMS website. Please be sure that you will be available to participate in the entire North Room Group programme – we will all be depending on each other a lot!
- We will need a completed health form from you, including emergency contacts. If you are not of the legal age of consent in your home country, this must be signed by your parent or guardian. Please note that because of certain child protection laws in Scotland, it is not possible for under-18s to participate in NRG.
- You must also be prepared to assume the cost and effort of getting yourself to and from Parliament. Again, there is a “Traveling to Parliament” page on the ACMS website that can help.

Personal expenses

In addition to your travel costs, NRG should bring enough money to cover the cost of your food. The ACMS subsidises our housing and on-island transportation costs and gives us a small food allowance, but meeting the remainder of our food and entertainment expenses are up to each of us personally.

What to bring

You should pack enough stuff so that you can survive on your own for a couple of weeks, but try not to bring too much. We will have access to a laundry machine on Harris, but only limited access to laundry facilities in Dunvegan.

Clothing to bring:

- “Cool summer weather” clothes, including swimsuit
- Underwear and pyjamas
- Outdoor work clothes and study shoes or boots that can get dirty
- Sturdy shoes or hiking boots (these could double as work gear)
- Raincoat or poncho
- Layered clothing for unpredictable weather (windbreaker, sweater, shirts). Trousers, and/or kilt. If possible bring garments that can dry quickly.
- Other tartan finery or something nice for the many clan dances and events



Other gear:

- At least one recipe for a meal that you can cook and which will feed about 20 people. If the recipe includes meat, please be able to produce a vegetarian variation for some of our NRG.
- Sleeping bag, or sheets and blanket.
- Personal toiletries, including bathing soap, shampoo, toothbrush and paste, facecloth, and towel. If you need a hairdryer, plan to purchase a “travel” model at the airport or from a local pharmacy.
- A flashlight and batteries might be helpful.
- You may have opportunities to use your mobile phone or laptop, but you bring them at your own risk. The “Traveling to Parliament” web page has a leaflet you can download with specifications for geeks in Scotland.
- Personal medication and copies of any prescriptions, including eyeglasses.
- Personal first aid supplies, including pain relievers, allergy relief, sleep aid, ointment for skin diseases, stomach upset, insect repellent, sunscreen, etc. Note that the over-the-counter medicines that you can buy in your home country may be different than what you can get in the UK.
- Camera (a disposable one is fine), journal, writing supplies. Keep in mind that personal electronic music players and gaming devices can be anti-social, and you should use the NRG experience as a chance to interact with other people.

Consult your country’s Department of State for any inoculations that may be required for travel in the UK.

Persons 18 and over can purchase alcohol in Scotland. Tobacco use by persons over the age of 16 is permitted by law, although Scotland has recently enacted strict new anti-smoking legislation. All laws governing the use of restricted substances will be enforced. If you are found to be in the possession of or using any illegal drugs, or abusing drugs or medication of any kind, you will have to leave Parliament immediately, returning home at your own expense.